Simple Triage
And
Rapid Treatment

START Triage
START Triage

- Developed in California in the early 1980’s by Hoag Hospital and Newport Beach Fire and Marine (California)
- Rapid approach to triaging large numbers of causalities
- Easy to remember
Initial patient assessment and treatment should take less than 30 seconds for each patient.

Patients are triaged based upon 4 factors:
- Ability to walk away from the scene
- Respiration $> \text{ or } < 30$ respirations per minute
- Pulse – Radial pulse $?$ or capillary refill $< \text{ or } > 2$ seconds
- Mental Status – able/unable to follow simple commands
START Triage

- First - clear the walking wounded using verbal instructions.
  - Direct them to the treatment areas for detailed assessment and treatment
  - These Patients are triaged MINOR

- Now check your RPMs
START Triage RPM

- **Respiration's**
  - None - Open the Airway
    - Still None? - **DECEASED**
    - Restored? - **IMMEDIATE**
  - Present?
    - Above **30** - **IMMEDIATE**
    - Below **30** - CHECK PERFUSION
START Triage RPM

- **Perfusion**
  - **Radial** Pulse Absent
    - or
    - Capillary Refill > 2 secs
    - **IMMEDIATE**
  - **Radial** Pulse Present
    - or
    - Capillary Refill < 2 secs
    - **CHECK MENTAL STATUS**
Mental Status

- **Can Not** Follow Simple Commands (Unconscious or Altered LOC) **IMMEDIATE**

- **Can** Follow Simple Commands **DELAYED**
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If patient is immediate – Code Red upon initial assessment, attempt *only* to correct airway blockage or uncontrolled bleeding before moving on to next patient.
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- When things get hectic with multiple patients rev up your RPM’s.
  - **R** - Respiration - 30
  - **P** - Perfusion - 2
  - **M** - Mental status - CAN do

mnemonic: 30 – 2 – CAN DO
START Triage

All Walking Wounded
MINOR

RESPIRATIONS

Yes
IMMEDIATE

No
Position Airway

Yes
IMMEDIATE

No
DECEASED

IMMEDIATE

RESPIRATIONS

Over 30/min
IMMEDIATE

Under 30/min
PERFUSION

Radial Pulse Absent
Control Bleeding
IMMEDIATE

Capillary Refill
Over 2 seconds
IMMEDIATE

Under 2 seconds
MENTAL STATUS

Radial Pulse Present
Can't Follow Simple Commands
IMMEDIATE

Can Follow Simple Commands
DELAYED

Respiration's 30
Perfusion 2
Mental Status CAN DO
The START process permits a limited number of rescuers to rapidly triage a large number of patients without specialized training.

Patients are systematically moved to treatment areas where more detailed assessment and treatment are conducted.
START Triage

START Triage was Developed by the Newport Beach (CA.) Fire & Marine Department

PowerPoint Program Modified by Lt. S. Albright – SC-EMS.com